

Übersicht der Studien zur EMDR-Behandlung der Posttraumatischen Belastungsstörung

	Autor(en)	Jahr	Titel	Quelle	Stichprobe	Einschluss der Studie/ Ablehnungsgrund (Katamnese)	Bewertung
Randomisierte kontrollierte Studien							
1	Boudewyns, P. A., Stwertka, S. A., Hyer, L. A., Albrecht, J. Q. & Sperr, E. V.	1993	Eye Movement Desensitization for PTSD of Combat: A Treatment Outcome Pilot Study	The Behavior Therapist, 16(2), 29-33	Vietnamveteranen m. PTSD	NEIN Design	---
2	Jensen, J.A.	1994	An Investigation of Eye Movement Desensitization and Reprocessing (EMD/R) as a Treatment for Posttraumatic Stress Disorder (PTSD) Symptoms of Vietnam Combat Veterans.	Behavior Therapy, 25, 311-325	Vietnamveteranen m. PTSD	JA	Kein sign. Effekt im Vergleich zur KG; keine sign. Verbesserung in primären Zielkriterien
3	Vaughan, K., Armstrong, M. S., Gold, R., O'Connor, N., Jenneke, W. & Tarrier, N.	1994	A trial of eye movement desensitization compared to image habituation training and applied muscle relaxation in post-traumatic stress disorder.	Journal of Behavior Therapy and Experimental Psychiatry, 25(4), 283-291	PTSD/Unfälle; Gewaltopfer	NEIN Design	---
4	Renfrey, G. & Spates, C. R.	1994	Eye movement desensitization: A partial dismantling study.	Journal of Behavior Therapy and Experimental Psychiatry, 25(3), 231-239	Menschen mit traumat. Erlebnissen (nicht notw. PTSD) über Annoncen	NEIN Stichprobe Design (2,5 Monats-follow-up)	---
5	Wilson, S. A., Becker, L. A. & Tinker, R. H.	1995 1997	Eye movement desensitization and reprocessing (EMDR) treatment for psychologically traumatized individuals. Fifteen-Month Follow-Up of Eye Movement Desensitization and Reprocessing (EMDR) Treatment for Posttraumatic Stress Disorder and Psychological Trauma	Journal of Consulting and Clinical Psychology, 63, 928-937 Journal of Consulting and Clinical Psychology, 65, 1047-1056	Traumatic memories (37 mit PTSD)	JA	positiv
6	Boudewyns, P. A. & Hyer, L. A.	1996	Eye movement desensitization and reprocessing (EMDR) as treatment for post-traumatic stress disorder (PTSD)	Clinical Psychology and Psychotherapy, 3(3), 185-195	Kriegsveteranen (PTSD)	JA	positiv
7	Pitman, R. K., Orr, S. P., Altman, B., Longpre, R. E., Poiré, R. E. &	1996	Emotional processing during eye-movement desensitization and reprocessing therapy of Vietnam veterans with chronic post-traumatic stress	Comprehensive Psychiatry, 37(6), 419-429	Vietnamveteranen (PTSD)	NEIN Design	---

	Macklin, M. L. Macklin, M. L., Metzger, L. J., Lasko, N. B., Berry, N. J., Orr, S. P. & Pitman, R. K.	2000	disorder Five-Years Follow-up Study of Eye Movement Desensitization and Reprocessing Therapy for Combat-Related Posttraumatic Stress Disorder	Comprehensive Psychiatry, 41(1), 24-27			
8	Wilson, D. L., Silver, St. M., Covi, W. G., & Foster, S.	1996	Eye movement desensitization and reprocessing: Effectiveness and Autonomic correlates	Journal of Behavior Therapy and Experimental Psychiatry, 27(3), 219-229	Menschen mit traumat. Erlebnisse (tw. PTSD)	NEIN Design	---
9	Marcus, S. V., Marquis, P. & Sakai, C. Marcus, S. V., Marquis, P. & Sakai, C.	1997 2003	Controlled Study of Treatment of PTSD using EMDR in an HMO Setting Three and Six Month Follow up of EMDR Treatment of PTSD in an HMO Setting	Psychotherapy, 34(3), 307-315 Vorgestellt auf dem EMDRIA Kongress 19.-21. Dezember 2003	PTSD	JA	positiv
10	Rothbaum, B. O.	1997	A controlled study of eye movement desensitization and reprocessing in the treatment of posttraumatic stress disordered sexual assault victims	Bulletin of the Menninger Clinic, 61(3), 317-334	Sex. Assault victims m. PTSD	JA	positiv
11	Carlson, J. G., Chemtob, C. M., Rusnak, K., Hedlund, N. L. & Muraoka, M. Y.	1998	Eye Movement Desensitization and Reprocessing (EDMR) Treatment for Combat-Related Posttraumatic Stress Disorder	Journal of Traumatic Stress, 11(1), 3-24	Kriegsveteranen m. PTSD	JA	positiv
12	Devilley, G. J., Spence, S. H. & Rapee, R. M.	1998	Statistical and Reliable Change with Eye Movement Desensitization and Reprocessing: Treating Trauma within a Veteran Population	Behavior Therapy, 29, 435-455	Vietnam-veteranen m. PTSD	JA (6-Monats-follow-up)	Kein sign. Effekt im Vergleich zu exp. VG und TAU (insb. zum Follow-up)
13	Scheck, M. M., Schaeffer, J. A. & Gillette, C.	1998	Brief Psychological Intervention with Traumatized Young Women: The Efficacy of Eye Movement Desensitization and Reprocessing	Journal of Traumatic Stress, 11(1), 25-44	Traumapat. (77% PTSD)	JA	positiv
14	Cusack, K. & Spates, C. R.	1999	The Cognitive Dismantling of Eye Movement Desensitization and Reprocessing (EMDR) Treatment of Posttraumatic Stress Disorder (PTSD)	Journal of Anxiety Disorder, 13(1-2), 87-99	PTSD (full/partial)	NEIN Design	---
15	Devilley, G. J. & Spence, S. H.	1999	The Relative Efficacy and Treatment Distress of EMDR and a Cognitive-Behavior Trauma Treatment Protocol in the Amelioration of Posttraumatic Stress Disorder	Journal of Anxiety Disorder, 13(1-2), 131-157	PTSD	JA (3-Monats-follow-up)	Sign. geringere Effekte für EMDR im Vergleich zu CBT

16	Rogers, S., Silver, S. M., Goss, J., Obenchain, J., Willis, A. & Whitney, R. L.	1999	A Single Session, Group Study of Exposure and Eye Movement Desensitization and Reprocessing in Treating Posttraumatic Stress Disorder among Vietnam War Veterans: Preliminary Data	Journal of Anxiety Disorders, 13(1-2), 119-130	Vietnam-veteranen	NEIN Design	---
17	Ironson, G., Freund, B., Strauss, J. L. & Williams, J.	2002	Comparison of Two Treatments for Traumatic Stress: A Community-Based Study of EMDR and Prolonged Exposure	Journal of Clinical Psychology, 58(1), 113-128	PTSD	NEIN Design (3-Monats-follow-up)	---
18	Lee, Ch., Gavriel, H., Drummond, P., Richards, J. & Greenwald, R.	2002	Treatment of PTSD: Stress Inoculation Training with Prolonged Exposure Compared to EMDR	Journal of Clinical Psychology, 58(9), 1071-1089	PTSD	JA (3-Monats-follow-up)	positiv
19	Power, K., McGoldrick, Th., Brown, K., Buchanan, R., Sharp, D., Swanson, V. & Karatzias, A.	2002	A Controlled Comparison of Eye Movement Desensitization and Reprocessing versus Exposure Plus Cognitive Restructuring versus Waiting List in the Treatment of Post-traumatic Stress Disorder	Clinical Psychology and Psychotherapy, 9, 299-318	PTSD	JA (15-Monats-follow-up)	positiv
20	Sack, M., Nickel, L., Lempa, W. & Lamprecht, F.	2003	Psychophysiologische Regulation bei Patienten mit PTSD: Veränderungen nach EMDR-Behandlungen	Zeitschrift für Psychotraumatologie & Psychologische Medizin (ZPPM), 1(3), 1-11	PTSD	NEIN Design	---
21	Taylor, S., Thordarson, D. S., Fedoroff, I. C., Maxfield, L., Lovell, K. & Ogradniczuk, J.	2003	Comparative Efficacy, Speed, and Adverse Effects of Three PTSD Treatments: Exposure Therapy, EMDR, and Relaxation Training	Journal of Consulting and Clinical Psychology, 71(2), 330-338	PTSD	JA (3-Monats-follow-up)	Sign. geringere Effekte im Vergleich zu Expositionsbehandlung. Kein sign. Unterschied zu Entspannungstraining
Nicht-randomisierte Vergleichsstudien							
22	Silver, S. M., Brooks, A., & Obenchain, J.	1995	Treatment of Vietnam war veterans with PTSD: A comparison of eye movement desensitization and reprocessing, biofeedback, and relaxation training.	Journal of Traumatic Stress, 8(2), 337-342	Vietnam-veteranen	NEIN Design	---
23	Sprang, G.	2001	The Use of Eye Movement Desensitization and Reprocessing (EMDR) in the Treatment of Traumatic Stress and Complicated Mourning: Psychological and Behavioral Outcomes	Research on Social Work Practice, 11(3), 300-320	„complicated grief“	NEIN Design	---
Nicht-kontrollierte Studien							
24	Forbes, D., Creamer, M. & Rycroft, P.	1994	Eye movement desensitization and reprocessing in posttraumatic stress disorder: A pilot study using assessment measures.	Journal of Behavior Therapy and Experimental Psychiatry, 25(2), 113-120	PTSD	NEIN Design	---

25	Vaughan, K., Wiese, M., Gold, R. & Tarrier, N.	1994	Eye movement desensitisation: Symptom change in post-traumatic stress disorder.	Journal of Psychiatry, 164, 533-541	PTSD	NEIN Design	---
26	Lazrove, S., Triffleman, E., Kite, L., McGlashan, Th. & Rounsaville, B.	1998	An open trial of EMDR as treatment for chronic PTSD.	American Journal of Orthopsychiatry, 69(4), 601-608	PTSD	NEIN Design	---
Studien im Kindes- und Jugendalter							
27	Chemtob C. M., Nakashima J. & Carlson J. G.	2002	Brief treatment for elementary school children with disaster-related posttraumatic stress disorder: A field study.	Journal of Clinical Psychology, 58, 99-112	PTSD (Alter: 6-12 Jahre)	NEIN Design (6-Monats-follow-up)	---
28	Jaberghaderi N., Greenwald R., Rubin A., Zand S. O. & Dolatabadi S.	2004	A comparison of CBT and EMDR for sexually-abused Iranian girls	Clinical Psychology and Psychotherapy, 11, 358-368	Sexueller Mißbrauch (Alter: 12-13 Jahre)	JA	positiv
29	De Roos C., Greenwald R., De Jongh A. & Noorthoorn E. O.	2004	EMDR versus CBT for disaster-exposed children: a controlled study. Unveröffentlicht (Poster)		Pat waren einer Explosion einer Feuerwerks-Fabrik exponiert (Alter: 4-18 Jahre)	NEIN Unzureichende Informationen über die Studie (3-Monats-follow-up)	---
30	Puffer M. K., Greenwald, R. & Elrod D.	1996	A single session EMDR study with twenty traumatized children and adolescents.	Dissertation Abstracts International: Section B 56(11-B) 6421	“disturbed by specific past event” (Alter: 8-17 Jahre)	NEIN Stichprobe Design	---
31	Cocco N. & Sharpe L.	1993	An auditory variant of eye movement desensitization in a case of childhood post-traumatic stress disorder.	Journal of Behavior Therapy & Experimental Psychiatry, 24(4), 373-377	PTSD Einzelfallstudie	NEIN Design	---
32	Greenwald R.	1994	Applying eye movement desensitization and reprocessing (EMDR) to the treatment of traumatized children: Five case studies.	Anxiety Disorders Practice Journal, 1, 83-97	PTSD (Alter: 4-11 Jahre)	NEIN Design (1-Monats-follow-up)	---
Meta-Analysen							
33	Van Etten M. L. & Taylor S.	1998	Comparative efficacy of treatments for post-traumatic stress disorder: a meta-analysis.	Clinical Psychology and	PTSD		

				Psychotherapy, 5, 126-144			
34	Alto C.	2001	Meta-analysis of eye movement desensitization and reprocessing efficacy studies in the treatment of PTSD	Dissertation	PTSD		
35	Davison P. R. & Parker K. C.	2001	Eye movement desensitization and reprocessing (EMDR): A meta-analysis.	Journal of Consulting and Clinical Psychology, 69(2), 305-316.	PTSD		
36	Wagner F.	2004	Die Wirksamkeit von Eye Movement Desensitization and Reprocessing (EMDR) bei der posttraumatischen Belastungsstörung im Vergleich zu Kontrollbedingungen und kognitiv-behavioralen Therapien – eine meta-analytische Untersuchung.	Dissertation	PTSD		

Ablehnungsgründe:

Stichprobe = Behandelte Stichprobe mindestens teilweise ohne Störung mit Krankheitswert

Design = methodische Mindestanforderungen an das Untersuchungsdesign oder die statistische Methodik nicht erfüllt

Legende

Exp. VG = experimentelle Vergleichsgruppe (aktives Treatment)

TAU = Treatment as usual